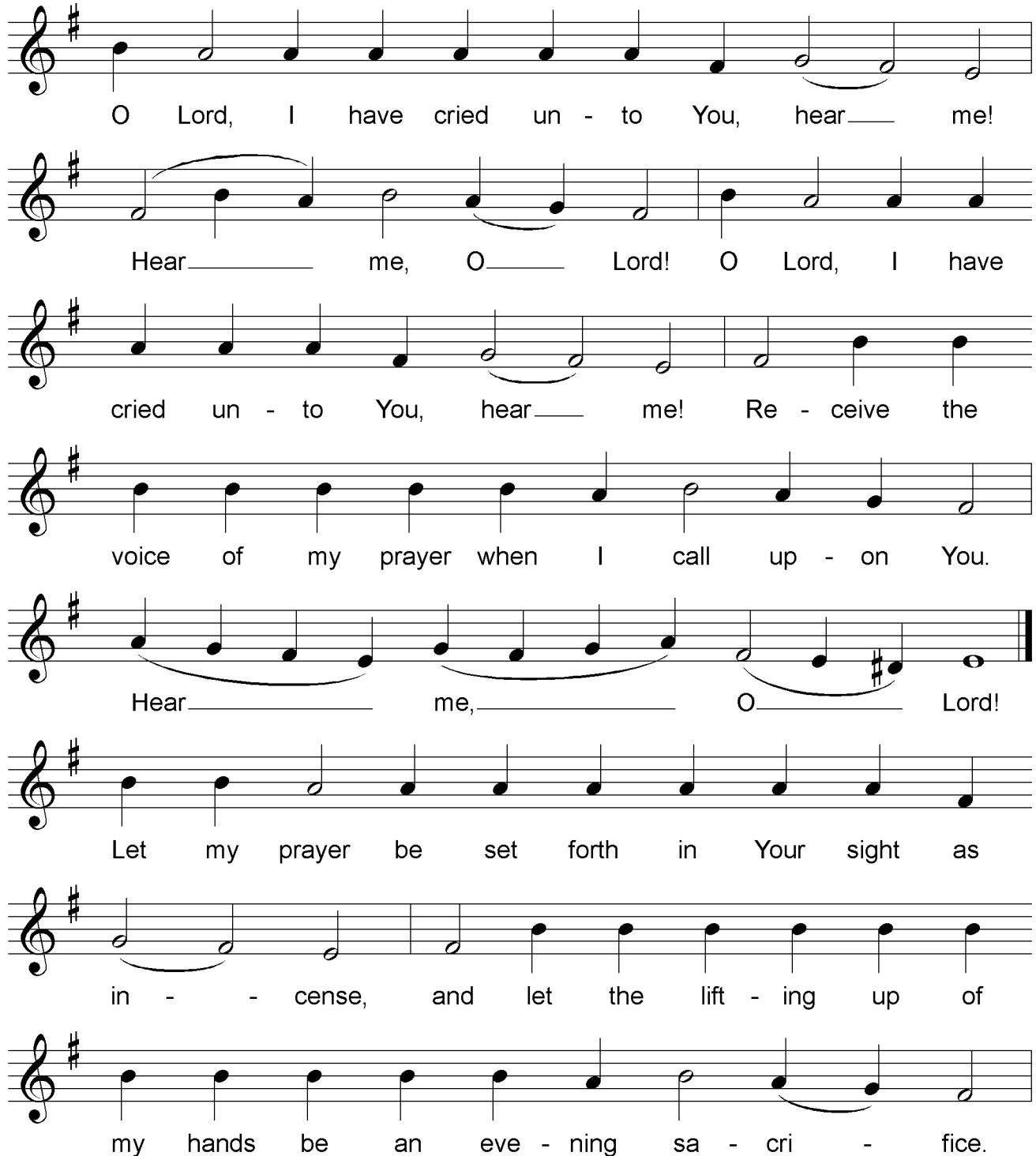


Stichera at the Pre-Sanctified Liturgy Wednesday of the Second Week of Great Lent

At Lord I have cried we sing 3 stichera, two in Tone One and one in Tone Three:



O Lord, I have cried un - to You, hear me!

Hear me, O Lord! O Lord, I have

cried un - to You, hear me! Re - ceive the

voice of my prayer when I call up - on You.

Hear me, O Lord!

Let my prayer be set forth in Your sight as

in - - cense, and let the lift - ing up of

my hands be an eve - ning sa - cri - fice.

Hear _____ me, _____ O _____ Lord!

Verse:

For _____ with the Lord there is mer - cy and with

Him plen - te - ous re - demp - tion, and He shall re - deem

Is - ra - el out _____ of all his in - ni - qui - ties.

Stichera:

Keep - ing a spi - ri - tual fast, O bre - thren,

let us speak no lies with our tongue

nor give our bro - ther cause for scan - dal;

but with re - pen - tance let us make the

lamp of our soul burn brightly,
 and let us cry with tears to Christ:
 Forgive us our trespasses
 in Your love for mankind.

Verse:

O praise the Lord all nations, praise
 Him all you peoples.

Stichera:

O martyrs worthy of all praise, your bo -
 dies were not buried in the earth,

yet hea - ven has re - ceived — you. The gates
 of Pa - ra - dise were o - pened to you,
 and en - ter - ing through — them you have eat -
 en of the Tree of — Life. Pray to Christ
 that He may grant peace and mer - cy to
 our — souls. -

In Tone 3:

Verse:

For He has made His mer - cy to pre - vail ov - er us,
 and the truth of the Lord en - dures for - ev - er.

Stichera:

Through the prayers of Your di - vine A -
pos - - - tles, grant in Your love,
O mer - ci - ful Lord, that we may spend
the time of the Fast with tru - ly
con - trite minds, so that we all
may be saved and glo - ri - fy You.

In Tone 6:

Glory Now and Ever Verse:

Glo - ry to the Fa - ther and to the Son and to the Ho - ly
Spi - rit: now and ev - er and for - ev - er.

A - - - men.

Stichera:

A - pos - tles of Christ shin - ing lights to
mor - tal men, treas - ur - ies of the wise
know - ledge of God, fill - ing the world
with rich - es: through your ho - ly prayers
de - liv - er us from temp - ta - tion as we
sing your prais - es, and guide us through
the sea - son of the Fast, watch - ful - ly
guard - ing our lives in peace. So shall our

prayers be ac - cep - ta - ble to Christ as we
 ce - le - brate His pas - sion, and with cour -
 age we shall of - fer glo - ry to
 our God.

Prokimens and Old Testament Readings Wednesday of the First Week of Great Lent

First Prokimen in Tone 6

Be gald in the Lord and re -
 joice, you right - eous. and re -
 joice, you right - eous.

The First Old Testament Reading Genesis 4:16-26

Then Cain went away from the presence of the Lord, and dwelt in the land of Nod, east of Eden. Cain knew his wife, and she conceived and bore Enoch; and he built a city, and called the name of the city after the name of his son, Enoch. To Enoch was born Irad; and Irad was the father of Mehujael, and Mehujael the father of Methushael, and Methushael the father of Lamech. And Lamech took two wives; the name of the one was Adah, and the name of the other Zillah. Adah bore Jabal; he was the father of those who dwell in tents and have cattle. His brother's name was Jubal; he was the father of all those who play the lyre and pipe. Zillah bore Tubalcain; he was the forger of all instruments of bronze and iron. The sister of Tubalcain was Naamah. Lamech said to his wives: "Adah and Zillah, hear my voice; you wives of Lamech, hearken to what I say: I have slain a man for wounding me, a young man for striking me. If Cain is avenged sevenfold, truly Lamech seventy-sevenfold." And Adam knew his wife again, and she bore a son and called his name Seth, for she said, "God has appointed for me another child instead of Abel, for Cain slew him." To Seth also a son was born, and he called his name Enosh. At that time men began to call upon the name of the Lord.

Second Prokimen in Tone 4

Let _____ Your mer - cy be up - on us,
O _____ Lord, as _____ we _____ have put our _____
hope _____ in _____ You, as _____ we have put our _____
hope in You.

The Second Old Testament Reading
Proverbs 5:15-6:3

Drink water from your own cistern, flowing water from your own well. Should your springs be scattered abroad, streams of water in the streets? Let them be for yourself alone, and not for strangers with you. Let your fountain be blessed, and rejoice in the wife of your youth, a lovely hind, a graceful doe. Let her affection fill you at all times with delight, be infatuated always with her love. Why should you be infatuated, my son, with a loose woman and embrace the bosom of an adventuress? For a man's ways are before the eyes of the Lord, and he watches all his paths. The iniquities of the wicked ensnare him, and he is caught in the toils of his sin. He dies for lack of discipline, and because of his great folly he is lost. My son, if you have become surety for your neighbor, have given your pledge for a stranger; if you are snared in the utterance of your lips, caught in the words of your mouth; then do this, my son, and save yourself, for you have come into your neighbor's power: go, hasten, and importune your neighbor.