

The Second Sunday of Great Lent

Stichera on "Lord I have cried..."

At Lord I have cried we sing 10 stichera, six from the Resurrection in the tone of the week and three for Gregory Palamas in Tone 2, repeating the first:

In Tone 2

Verse 7:



From the morn - ing watch un - til the night, from the morn - ing
watch let Is - ra - el hope — in the Lord.

Stichera 7:



What hymns of praise shall — we — sing
in — hon - or of the ho - ly bish - op?
He is the trum - pet of the - o - lo - gy,
The he - rald of the — fire of grace,
the — hon - ored ves - sel of the Spi - rit,

The un - shak - a - ble pil - lar of the Church,
the great joy of the in - hab - it - ed earth,
the ri - ver of wis - dom the can - dle -
stick of the light the shin - ing star
that makes glo - ri - ous the whole cre - a - tion.

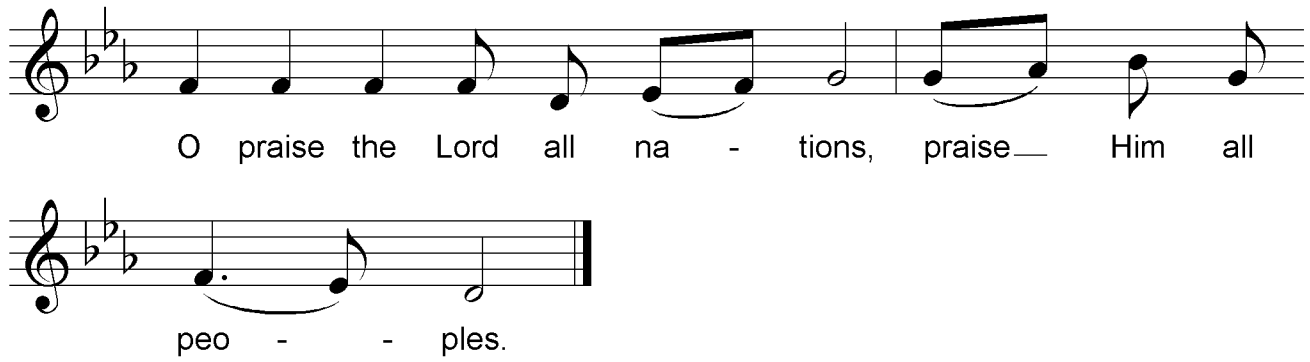
Verse 8:

For with the Lord there is mer - cy and with Him
plen - te - ous re - demp - tion, and He shall re - deem
Is - ra - el out of all his i - ni - qui - ties.

Stichera 8:

Repeat the above stichera

Verse 9:



O praise the Lord all na - tions, praise— Him all
peo - - ples.

Stichera 9:



What words of song shall we weave as a
gar - - land, to— crown the ho - ly
bish - op? He is the cham - pi - on of true
de - vo - tion and the ad - ver - sa - ry
of un - - god - li - ness the—
fer - vent pro - tec - tor of the Faith,

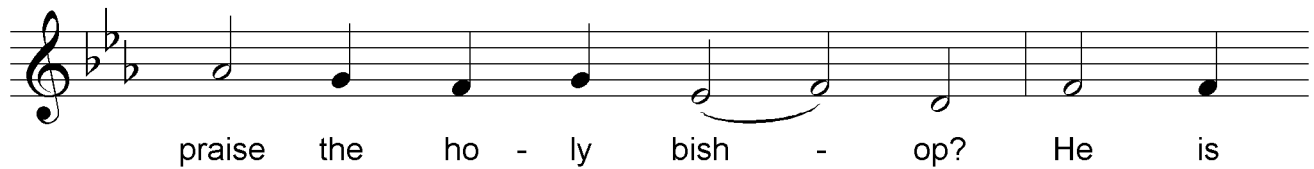
the great guide and tea - cher, the well - tuned
harp of the Spi - - rit, the gol -
den tongue, the foun - - - tain that flows
with wa - ters of heal - ing for the faith - ful,
Gre - go - ry the great and mar - vel - lous.

Verse 10:

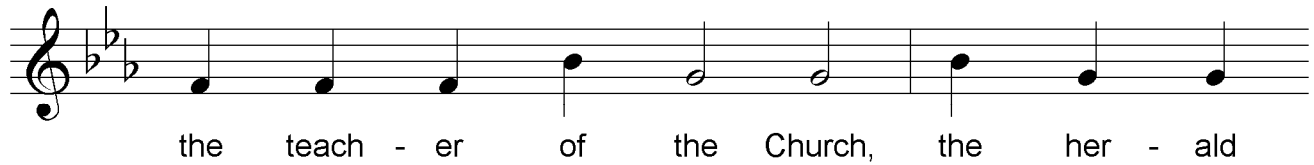
For He has made His mer - cy to pre - vail ov - er us,
and the truth of the Lord en - dures for ev - er.

Stichera 10:

With what words shall we who dwell on earth



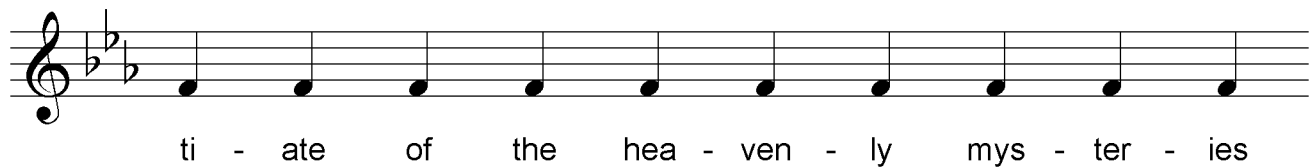
praise the ho - ly bish - op? He is



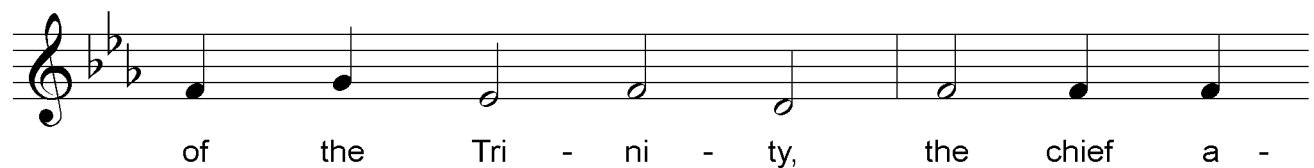
the teach - er of the Church, the her - ald



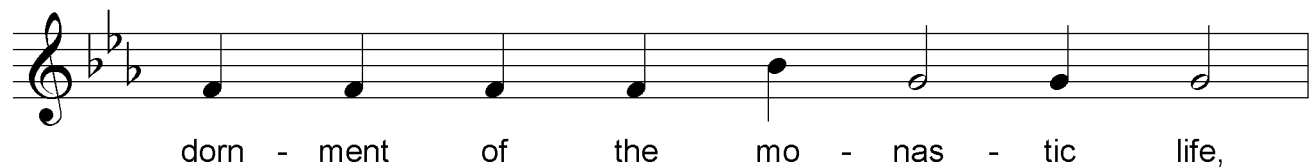
of the light of God, the i - ni -



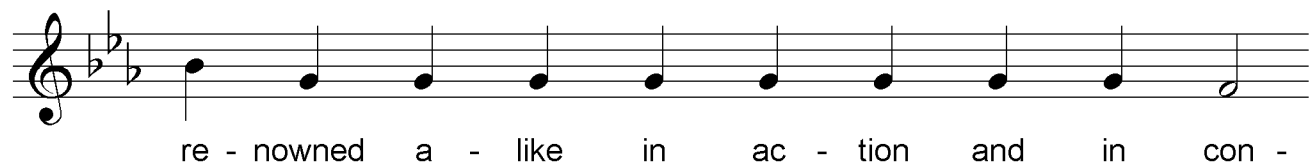
ti - ate of the hea - ven - ly mys - ter - ies



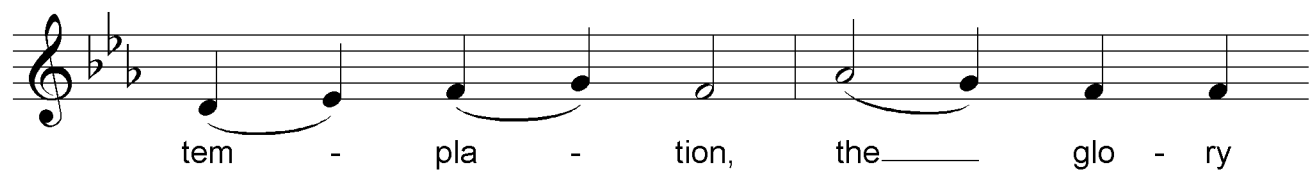
of the Tri - ni - ty, the chief a -



dorn - ment of the mo - nas - tic life,



re - nowned a - like in ac - tion and in con -



tem - pla - tion, the glo - ry



of Thes - sa - lon - i - ca; and now he

dwells in hea - ven with the great and glo - ri - ous
 mar - tyr De - me - tri - us, whose re - lics
 flow with ho - ly oil.

In Tone 6
 Glory Verse:

Glo - ry to the Fa - ther and to the Son and
 to the Ho - ly Spi - - - - rit.

Glory Stichera:

Thrice - bless - ed saint, most ho - ly fa - ther
 good shep - herd and dis - ci - ple of Christ the
 Chief Shep - - herd, you have laid down

your life for your sheep. And now in
 your in - ter - ces - sions, O God - bear - ing Greg -
 o - ry our fa - ther, pray that great
 mer - cy may be grant - ed to
 our souls

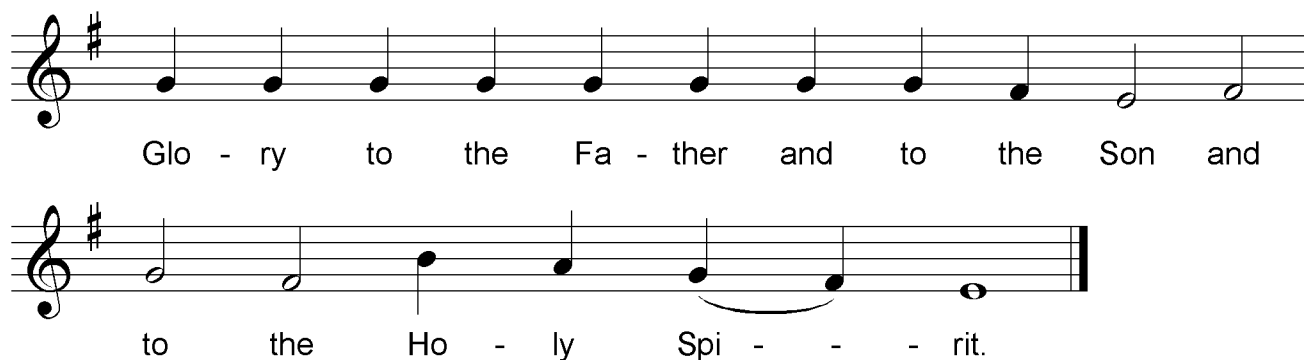
At the “Now and Ever...” we sing the Theotokian (Dogmatikon) in the tone of the week from the Octoechos, followed by the Entrance, O Gladsome Light, and the Prokimen for Saturday, “The Lord is King...”

The Aposticha

We sing the Aposticha in the tone of the week from the Octoechos, and then:

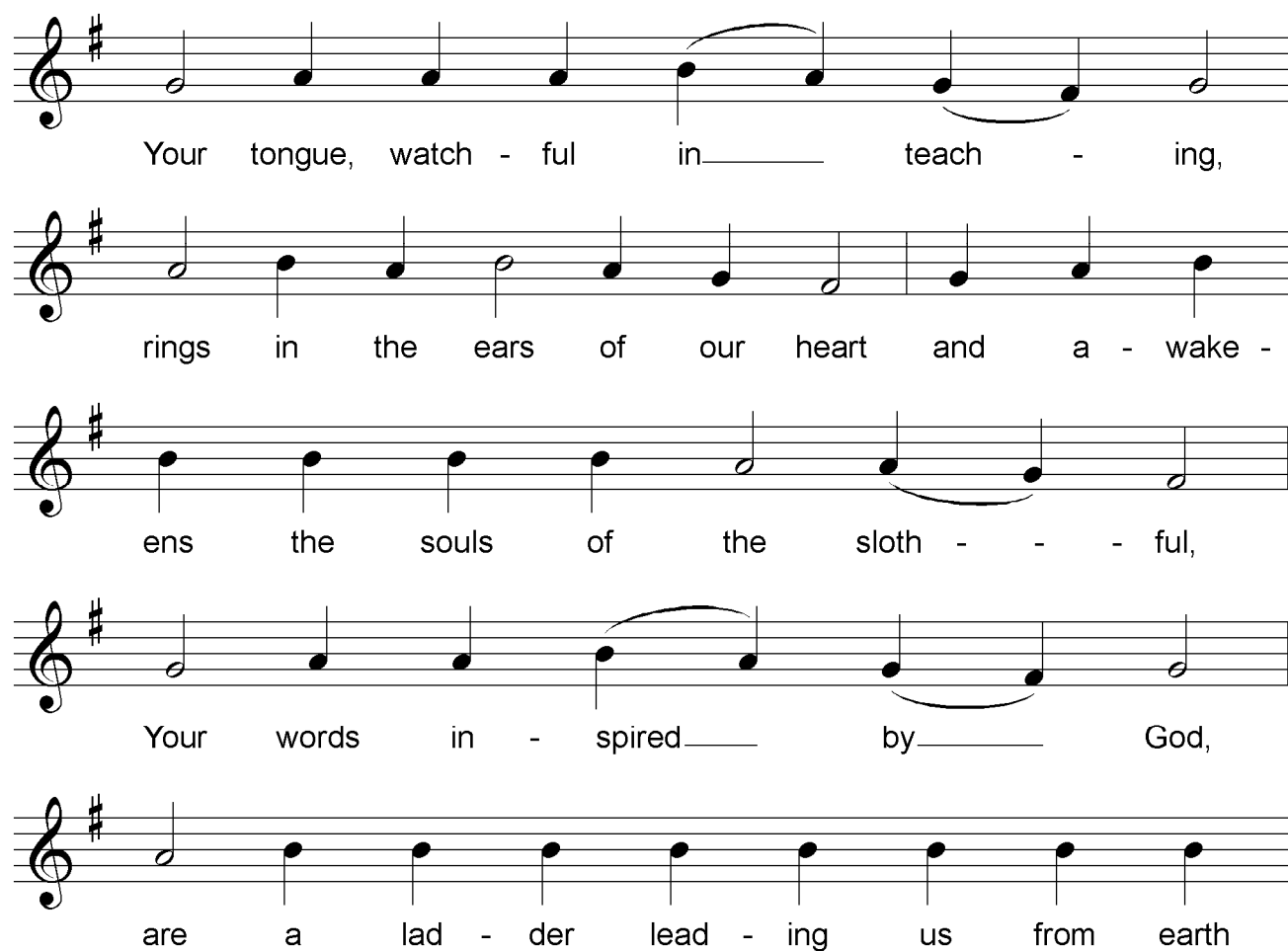
In Tone 8

Glory Verse:



Glo - ry to the Fa - ther and to the Son and
to the Ho - ly Spi - - - rit.

Glory Stichera:



Your tongue, watch - ful in ——— teach - ing,
rings in the ears of our heart and a - wake -
ens the souls of the sloth - - - ful,
Your words in - spired ——— by ——— God,
are a lad - der lead - ing us from earth

to hea - - - ven. O Gre - go - ry,
 won - der of Thes - sa - - - ly, pray to
 Christ with - out - - - ceas - ing, that we who
 hon - or you may be il - lu - mined with the
 di - - - vine Light.

The Tropars and Theotokian

We sing the Tropar in the tone of the week from the Octoechos, "Glory" and the tropar for St. Gregory Palamas (see below), and "Now and ever..." the Theotokian again in the tone of the week from the Octoechos.

Glo - ry to the Fa - ther and to the Son and
 to the Ho - - - ly Spi - - - rit.

Light of Or - tho - dox - y teach - er of the Church
 its con - fir - ma - tion, O i - deal of Monks
 O won - der - work - ing Gre - go - ry,
 glo - ry of Thes - sa - lo - ni - ca and
 preach - er of Grace, al - ways in - ter -
 cede be - fore the Lord that our souls
 may be saved.

