



*His Eminence, Metropolitan Gregory's*  
**NATIVITY FAST PRAYER CHALLENGE 2020**

*To Be Prayed Every Evening of the Nativity Fast*

O Physician of Souls and Bodies: we pray that You continue to come to our aid now during the global spread of the Coronavirus.

May the sick regain their strength and health, and as they worry and grieve, defend them from further illness and despair. We offer thanks to You for those who have recovered. Grant rest to those who have reposed. Be with the families of those who are sick and those who have died.

Heal us from our fear, which prevents nations from working together and neighbors from helping one another. Remove from us all pride, which can make us claim immunity to a disease that knows no borders.

Give wisdom and strength to our President, our federal government, our state governments, together with the leaders of all nations, and give them foresight to act with charity and true concern for the well-being of the people they serve.

Be with the doctors, nurses, researchers and all medical professionals who seek to heal those affected and who put themselves at risk in the process.

Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, we pray that You stay by our side and grant us courage and peace. *AMEN.*